



English II

Reading comprehension

Teacher Berenice Villegas García.



The Tradition of Tea in England

Tea has been an important part of British culture for centuries. It is more than just a beverage; it represents a time for relaxation, conversation, and socializing. The tradition of afternoon tea dates back to the early 19th century, when Anna, the Duchess of Bedford, began taking tea in the afternoon to stave off hunger before dinner. Over time, this practice became more popular and evolved into the formal "afternoon tea," which typically takes place between 3:30 and 5:00 PM and consists of tea served with a selection of sandwiches, scones, cakes, and biscuits.



In England, tea is often served throughout the day, with people enjoying it in the morning, during breaks, or in the late afternoon. It is typically accompanied by milk or lemon, depending on personal preference. The choice of tea also varies, with black tea being the most common, but green and herbal teas are also popular.

The ritual of tea drinking is an important social event in many households and workplaces, often leading to meaningful conversations and moments of connection. It also plays a significant role in British hospitality, as offering tea to guests is a common gesture of welcome.

Graphic Organizer Questions:

1. When did the tradition of afternoon tea begin in England?
2. What foods are commonly served during afternoon tea?
3. How do people typically take their tea in England?
4. At what time is afternoon tea usually served?