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## Tobacco.

## Affects You and Everyone Around You.

Tobacco is a dangerous substance that harms both the smoker and the people nearby. Many believe smoking is just a personal choice, but in reality, it has serious effects on everyone around.

Smoking damages the **lungs and heart**, leading to diseases such as lung cancer, heart attacks, and breathing problems. Over time, tobacco use causes **addiction**, making it very hard to quit. Even people who don't smoke can suffer from **secondhand smoke**—the toxic chemicals released into the air by cigarettes. Breathing this smoke can cause asthma, lung infections, and even cancer in non-smokers.

Another hidden danger is **thirdhand smoke**. This is the toxic residue that sticks to clothes, furniture, and walls after someone smokes. It can harm children and pets, even when the smoker is not present.

Smoking is not just a personal habit—it harms family, friends, and even strangers. The best way to protect your health and the health of those around you is to stay away from tobacco.



## Branches for the concept map:

- 1. What is Tobacco?
- 2. Effects on the Smoker
- 3. Effects on Others
- 4. Why Avoid Tobacco?

Paste the reading in your portfolio, underline the information for each branch, then create your organizer.

This is the design you must follow, of course, you can add images, and details, be free to be more creative.

