



English II

Reading comprehension

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Methamphetamine Hooks You!



Methamphetamine is a very dangerous and highly addictive drug. It changes how the brain and body work in harmful ways. At first, people may feel very happy, full of energy, and confident. This feeling is called a "high." However, the "high" is very short and always comes with serious risks.

Even using methamphetamine a few times can lead to addiction. People begin to depend on the drug, needing more and more to feel the same "high." Over time, this damages both the body and the brain. Methamphetamine use can cause extreme

weight loss, serious heart problems, and permanent damage to the skin and teeth. This is why people who use meth often look much older than they actually are.

The mental effects of methamphetamine are just as dangerous as the physical ones. It can cause intense anxiety, depression, and paranoia. Many users become aggressive, irritable, or even violent. Long-term use makes it harder for people to think clearly, control their emotions, or make good decisions. As the addiction grows stronger, the drug takes over their life, affecting their health, relationships, and future.

Methamphetamine is not just dangerous—it is life-destroying. This drug can trap people in a cycle of addiction that is very hard to escape. The best choice is to never try it at all. Staying away from meth and making healthy decisions are the keys to protecting your body, your mind, and your future.

SUGGESTED BRANCHES FOR THE CONCEPT MAP

1. **What is Methamphetamine?**
 - a. A highly addictive and dangerous drug
 - b. Changes the brain and body
2. **Short-Term Effects**
 - a. Feeling happy, confident, and energetic ("high")
 - b. Rapid addiction risk
 - c. Craving for more after the "high" wears off
3. **Long-Term Damage**
 - a. **Physical effects:** Weight loss, heart problems, skin and teeth damage
 - b. **Mental effects:** Anxiety, depression, paranoia, aggression
 - c. Overall health deterioration
4. **Why Avoid Meth?**
 - a. Destroys physical and mental health
 - b. Creates a cycle of addiction
 - c. Affects relationships, decision-making, and future goals

Follow the following idea to make your organizer but add your creativity:

